



# BELLEVUE HEIGHTS PRIMARY SCHOOL

*Learning & Growing Together to Enrich the World*

**Newsletter Week 3 Term 2  
Wednesday 15 May 2019**

## **COMING EVENTS FOR THE CALENDAR**

Friday.....May 17 ..... Walk Safely to School Day — information inside  
 Whole school assembly run by Ms Durdin's class  
 Four Year Old Friday. Bookings via the school office essential.

Friday.....May 24 ..... Four Year Old Friday. Bookings via the school office essential.

Thursday.....May 30 ..... Junior Field Naturalists' Club 7pm in school hall

Friday.....May 31 ..... Four Year Old Friday. Bookings via the school office essential.

Tuesday.....June 4 ..... Ramadan ends

Wednesday...June 5 ..... World Environment Day

Monday.....June 10 ..... Queen's Birthday Public Holiday - school closed

Friday.....June 14 ..... Whole school assembly run by Ms Morgan and Ms Bradley/Ms Bland's classes  
 17 June to 21 June ..... Water Safety Program at Westminster pool for junior & middle primary classes

Monday.....June 17 ..... Governing Council Meeting at 7.30pm

Friday.....June 28 ..... Whole school assembly run by Mrs Grigg & Ms Kenneally's classes  
 Year 2/3/4 sleepover at school

Friday.....July 5..... P&F Pizza Lunch Day  
 End of term 2. Students go home at 2.30pm

## **TERM 3**

Monday .....July 22..... Pupil Free Day - OSHC will be available. Bookings essential.

Tuesday.....July 23..... First day of term 3 for students. School starts at 9am.

Friday .....August 2..... Pupil Free Day - OSHC will be available. Bookings essential.

## Dear Parents & Community

### Greetings

Well done to our SAPSASA Cross Country Team who competed at Belair National Park last Friday. The inclement weather didn't dampen their enthusiasm. Thanks to Kim Potter and Margot Bradley who coached the team in the lead up to the event and coordinated the event. Thanks also to the families who assisted with transport and braved the weather to support the team. (See inside for further information).

### Week 3 Assembly - new families welcome

After this week's assembly families are invited to stay behind for morning tea. It is also a welcome to any new families to our school. There will be a tour of the school at 10am for all of our prospective parents. Should you know of anyone who is considering schools please invite them to contact us and we will provide them with information, a tour and lots of enthusiasm.

### School Website

After some unfortunate glitches we have launched our new website. Take a tour of it. We are able to make changes quite easily now although we are slowly learning all the features that this platform provides so there will be extra pages over the next few months. The website is mobile friendly so you should be able to access it quite easily.

### Pupil Free Day

Last week the whole staff spent the day with Simon Brooks. He is an expert in developing critical and visible thinking. He argues that we need to build dynamic learning communities that engage students, promote deep understanding and sustain a lifetime of inquiry. Our staff are all very excited about the material he covered as it



**We can be contacted on**

**Email:**

**Email student absences to:**

**Website:**

**Out of School Hours Care (OSHC): Telephone: 8278 9439 or 0401 121 798**

**CRICOS Provider Number:**

**Telephone: 8278 7182 Fax: 8370 2671**

**bellevue.ps891@schools.sa.edu.au**

**absences.bhps470@schools.sa.edu.au**

**www.bellevueps.sa.edu.au**

**00018A**

### **Bell Times**

8:40am	Students can arrive
9:00am	School starts
10:55am	Recess starts
11:25am	Recess ends
1:05pm	Eat lunch in class
1:15pm	Play time starts
1:50pm	Lunch ends
3:30pm	School ends



was incredibly practical. We will continue to work with Simon Brooks this year and into 2020. Staff are already beginning to implement some of his ideas and have been pleased with the positive impact it has made with respect to engagement and participation of all students.

Election Day: As you would all be aware the P&F runs a cake stall and sausage sizzle on the day of the election. Please drop in to support the volunteers.

Until next newsletter

Regards

Marie-Louise, Mary & Birgit

## PRINCIPAL AWARDS

Each fortnight Principal's Awards are earned by students for displaying attributes of the following: achievement, caring, collaboration, showing initiative, citizenship or persistence.

The following students have earned Principal Awards:

Brianna, Tenzin, Luca, Christopher & Corben.



## Awards for Excellence Recipients

This fortnight the following students earned a certificate: Max, Eliza, Scarlett, Sara & Milo.

# Award Recipients



Assembly Monday 6 May

## WINTER ILLS !

It is timely with winter coughs and colds around that we remind families about the spread of viruses. If your child is unwell please keep them home, away from their other classmates and staff, until they are better.

## SCHOOL HATS

Our Sunsmart Policy states that from 1 June until 31 August (winter months), except when the UV level is below 3, it is not compulsory for students to wear sunsmart hats. The Cancer Council of SA recommends that children don't wear them during winter because they need to be exposed to the sun to get vitamin D.



## SAPSASA CROSS COUNTRY

On Friday 10 May, I had the privilege of accompanying our BHP cross country runners (held at Belair National Park) to compete in the Southern Heights/City South Combined District Cross Country Carnival. The competition required runners born in 2009 to run 2 kilometres, and runners born between 2006 – 2008 to run 3 kilometres. All of our competitors successfully crossed the finishing line in true Bellevue Heights spirit – sprinting over the line to finish strongly!

Although, BHP were one of the smallest cohorts of students on the day, we certainly made some noise! For all the right reasons; of course! Our students proudly represented Bellevue Heights Primary with their gestures of good sportsmanship, kindness, respect and courage. Students not only cheered for their friends and peers but congratulated and helped fellow competitors from other schools.

A big congratulations to our competitors for their



commitment, dedication and giving it their all on the day: Krystina, Lilah, Lily, Myra, Poppy, Adna, Takumi, Ka Hei, Christofer, Alice, Matilda, Chloe, Ivy, Hope, Brianna, Saskia, Fuyan & Abigayle.

Special thanks to those parents who joined us on the day. Your support and assistance are what makes events like these so successful and such a joy to attend - for that the students and I are truly grateful.



Proud to be a part of the Bellevue community -  
**Mrs Potter**



A note from Maressa Derry  
our Student Welfare Worker

Good luck to all our children who do NAPLAN this week.

Don't run from a challenge. Instead run toward it because the only way to escape fear is to trample it beneath your feet - *Nadia Comaneci*

Anxiety is more than just feeling stressed or worried. While stress and anxious feelings are a common response to a situation where we feel under pressure, they usually pass once the stressful situation has passed, or 'stressor' is removed. Anxiety is when these anxious feelings don't go away – when they're ongoing and happen without any particular reason or cause. It's a serious condition that makes it hard to cope with daily life. Everyone feels anxious from time to time, but for someone experiencing anxiety, these feelings aren't easily controlled.

When a child has anxiety, we may think he/she just has a behavior problem. Anxiety is a situation in our mind that people cannot see and we may not even know we have, but it makes us respond in ways that don't seem very thoughtful to ourselves or to others.

Understanding the nature of anxiety is extremely important. A loss of emotional control can negatively impact a child's success with all relationships throughout all environments.

If you would like to know some more about this, I can recommend the books "When My Worries Get Too Big!" A relaxation book for children who live with anxiety. Written and illustrated by Kari Dunn Buron.

### STUDENT ABSENCES

When your child is away from school, or late, for any reason you must contact the school to let us know the reason for their absence - **not just on the first day but every day they are away.**

You can use the following methods to contact us:

- ◆ School phone number: 8278 7182
- ◆ SMS number: 0427 016 460
- ◆ Schoolstar app. Select to contact school
- ◆ email:  
**absences.bhps470@schools.sa.edu.au**

Please always include:

- \* Child's Name and Class Teacher.
- \* Date of absence and reason.

**Please note:** the email address and SMS number above are solely for reporting absences not for any other school communication.

Join us on Friday the 17 of May it's "Walk Safely To School Day"

Active kids are smarter kids.

Now in its 20<sup>th</sup> year, the annual campaign and community event

encourages all primary school children, their parents and carers to walk and commute regularly and safely to school.

The event seeks to promote road safety, health, public transport and the environment.

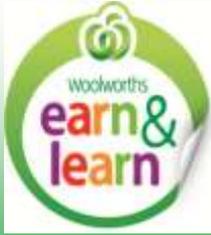
Australian children are becoming less active. One substantial contributed is the decline in walking and/or taking public transport to school. Children who are regularly physically active are healthier, perform better academically and are less likely to be obese or overweight. Walking daily is the best exercise because you can build it into your daily routine.

So join us on May 17 and walk to school.



WOOLWORTHS  
EARN & LEARN

Keep collecting the stickers to put in the box in the school office



ENTERPRISE  
BAKE STALL

Friday 24 May

Bake stall run by  
Mr Mueller's 6/7 class



Come along to the North Wing at recess time and get some cupcakes, cookies & more.

\$2 will be enough to get some yummy treats.

*All proceeds will go to Bellevue National Park.*



# Parents & Friends Information

## NEXT P&F MEETING

P&F meeting this Friday (17/5/19) from 2pm to 3:30pm in the staff room. Everyone is welcome. We will be organising the fundraising events for Terms 2 and 3.

## ELECTION DAY

Election Day this Saturday (18/5/19). Thank you to everyone who has generously donated their time or baked goods for the BBQ and cake stall that will be available at school on Saturday for the polling booth. If you're voting at school on Saturday there will be food and drinks on offer and the Bracegirdle's coffee bus will be selling its usual range of delicious beverages! Please support our fundraiser as you pass through and spread the word to your family and friends.

## 2019 PEOPLE'S CHOICE COMMUNITY LOTTERY

The People's Choice Community Lottery is an annual fundraising event that helps sporting clubs, schools, charities, volunteer groups and other not-for-profit organisations reach their fundraising goals.



### HAVE YOU GOT YOUR TICKETS YET?

Each ticket is only \$2 and we receive 100% of the ticket sales! Buy 1 ticket, 5 tickets or 50 tickets. It's up to you. Buying a ticket is easy. All you need to do is click the following link and purchase your tickets online;

<https://communitylottery.peopleschoicecu.com.au/public/community-groups/bellevue-heights-primary-school/>

We ask you that you please get on board and let's get the fund-o-meter booming! Here are 5 ways you can help us to promote the lottery and sell tickets:

- 1. SEND - EVERYONE** you know this email or write your very own personal email and include this link <https://www.peopleschoicecu.com.au/public/community-groups/bellevue-heights-primary-school/> so they can buy their ticket/s.
- 2. SHARE** – Keep an eye out on our school and P&F page for the link and click the **SHARE** button so you can let all your friends and family know about our fundraising. Share, share, share!!!!
- 3. TALK** - Tell all of your family and friends. Feel free to print off the attached Prize List and show it to people. The link to our personal lottery page is on every page so they can't miss it!
- 4. ASK** - Simply ask your family, friends, work colleagues, sports groups, church groups, local

community, etc to support your children and their school! This is better than any box of chocolates so get every body on board by saying "Hey, our school is part of that amazing People's Choice Community Lottery. You know the one where you can win cars, travel vouchers, shopping sprees and has a prize pool of \$360,000 plus an Early Bird Prize which is a car! It's only \$2 for a ticket and 100% of the funds go to our school. It's amazing and we'd love you to help us. I'll send you the link where you can buy your ticket/s."

**5. BUY** – Of course you can buy a ticket or 50 and keep them all to yourself, or perhaps someone has a Birthday/Anniversary/Special Occasion coming up that you could share the love with! Buy them a ticket or two and give them the gift of helping our school and the opportunity to win big.

**ENTERTAINMENT BOOKS**

These books are jam packed full of savings for dining, shopping, arts, sports and attractions as well as travel and accommodation. They are also available in DIGITAL form.

Cost is \$70.

The 2019/20 hardcopy edition is available now and you can pick up your book from the school office.

*The school receives 20% from every book sold.*



## Community News & Special Events

**FOR ALL EVENTS LISTED, FURTHER INFORMATION CAN BE OBTAINED FROM THE SCHOOL OFFICE**

**Groups advertising in community news are not necessarily endorsed by the school. Families need to use their own discretion whether to seek more information about them.**

**BELLEVUE HEIGHTS JUNIOR FIELD NATURALISTS' CLUB**  
 This club is only one of two in Adelaide and is a nature club for children 5 yrs upwards. Next meeting Thursday 30 May in the school Activity Hall at 7pm. Parents are more than welcome to attend with their children if they wish. Contact is Rona Sakko 0419827723 ronadel@dodo.com.au

**ROTARY CLUB of BLACKWOOD COMMUNITY FORUM**  
*How is the Murray-Darling Basin Plan delivering for SA?*  
 Tuesday 28 May at 7pm, Blackwood Senior Citizens, Young Street, Blackwood. Enquiries to Sue 0417 312 853.

**BEACON EMERGENCY RELIEF TRADING TABLE**  
 Here to help local people. **SATURDAY 1 JUNE. 9AM TO 12.30PM.** Main Road, Blackwood. (Outside Chemist near Pedestrian Crossing.)

